

Kitaj Headache Center LLC
Affiliated with Griffin Hospital

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What is a CGRP Inhibitor?

CGRP (calcitonin gene-related peptide) is a protein produced and then released by sensory nerves. CGRP is one of the main triggers of migraines. A CGRP inhibitor acts to block the CGRP before it has a chance to start the migraine, or in the case of Ubrelvy, after the migraine has already started.

The CGRP inhibitors that we prescribe in our office, when appropriate and as listed in the order that they received FDA approval are: Aimovig, Ajoovy and Emgality. They are all pre-filled injections administered either monthly (Aimovig, Emgality), or, at the patient's choice, either monthly or quarterly (Ajoovy). The last, Ubrelvy, comes in tablet form and is taken as needed.

The first three of these CGRP inhibitors are used for the **prevention** of migraine in adults. In other words, before the symptoms start. They are **not** for the acute treatment of a migraine that has already begun. Ubrelvy, on the other hand, is specifically for the **acute** treatment of migraine.