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**What is a CGRP Inhibitor?**

CGRP (calcitonin gene-related peptide) is a protein produced and then released by sensory nerves. CGRP is one of the main triggers of migraines. There are three types of CGRP inhibitors.

1. Those that act to block the CGRP **before** it has a chance to start the migraine. These are preventive. They include the three pre-filled injectables; **Aimovig**, **Ajovy** and **Emgality**. Aimovig and Emgality are administered monthly and Ajovy either monthly or quarterly (at the patient's choice). **Qulipta** which is also preventive, is a pill that should be taken once a day.
2. Those that act **after** the migraine has started; in other words, for acute treatment. This includes **Ubrelvy** which comes in tablet form and is taken as needed and **Zavzpret**, which is a nasal spray, and is also used for the acute treatment of a migraine attack.
3. Finally, there is a class of CGRP inhibitor that acts **both** as preventive and for acute treatment. So far **Nurtec ODT**, which is an orally disintegrating tablet, is the only medication in this class.