

**Kitaj Headache Center LLC**  
**Affiliated with Griffin Hospital**

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**What is a CGRP Inhibitor?**

CGRP (calcitonin gene-related peptide) is a protein produced and then released by sensory nerves. CGRP is one of the main triggers of migraines. A CGRP inhibitor acts to block the CGRP before it has a chance to start the migraine.

The CGRP inhibitors that we prescribe in our office, when appropriate and as listed in the order that they received FDA approval are: Aimovig, Ajovy and Emgality. They are all pre-filled injections administered either monthly (Aimovig, Emgality), or, at the patient's choice, either monthly or quarterly (Ajovy).

All of these CGRP inhibitors are used for the **prevention** of migraine in adults. In other words, before the symptoms start. They are **not** for the acute treatment of a migraine that has already begun. There are other medications used for that purpose.